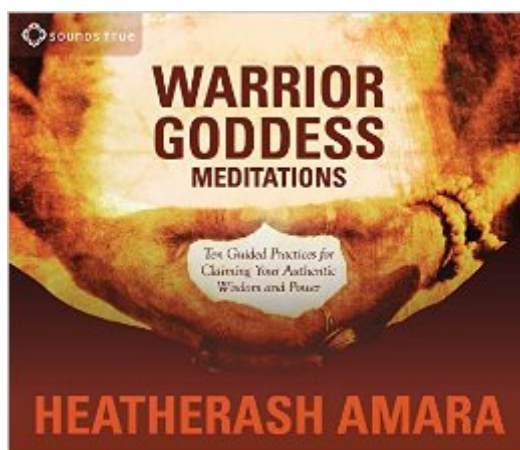


The book was found

Warrior Goddess Meditations: Ten Guided Practices For Claiming Your Authentic Wisdom And Power



Synopsis

What is a warrior goddess? It's a woman who dares to face her fears and doubts, reclaim her purpose, and bring it on with all her vibrancy, power, compassion, and fierce love. This collection of guided practices takes you step by step through the transformative and empowering tools taught in HeatherAsh Amara's book Warrior Goddess Training. Perfect on its own or as a reading companion, Warrior Goddess Meditations engages us directly in the 10 key steps to a woman's true vision and power: Committing to Yourself • Aligning with Life • Purifying Your Vessel • Grounding Your Being and Freeing Your Past • Energizing Your Sexuality and Creativity • Claiming Your Strength and Will • Opening Your Heart • Speaking Your Truth • Embodying Your Wisdom • Choosing Your Path Whether you're new to the Warrior Goddess principles or already familiar, this audio program will give you an abundance of ways to identify the beliefs that constrain you and reclaim your energies of love, compassion, vulnerability, and authenticity. Â

Book Information

Audio CD

Publisher: Sounds True; Unabridged edition (April 1, 2016)

Language: English

ISBN-10: 162203595X

ISBN-13: 978-1622035953

Product Dimensions: 5.6 x 0.6 x 5 inches

Shipping Weight: 2.4 ounces (View shipping rates and policies)

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Customer Reviews

I thought the meditations were okay, but I really wasn't inspired by them. I think this is a personal choice and what I consider to be just okay could be seen as life changing and life affirming by others.

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